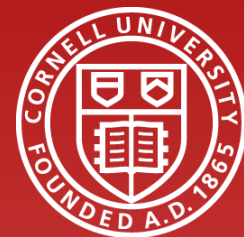


Helping Families Eat Better for Less! 2021



EFNEP helps low-income families and children improve their nutritional well-being, through a series of hands-on, interactive lessons where participants learn and are encouraged to improve their food and physical activity knowledge, skills and behaviors.¹

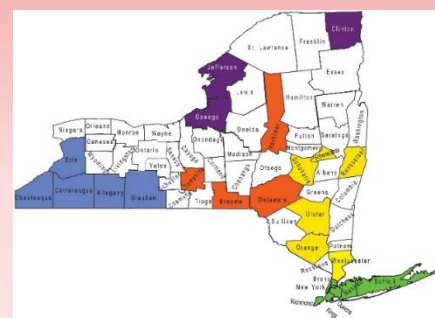
The Expanded Food and Nutrition Education Program (EFNEP) is administered through the U.S. Department of Agriculture's (USDA) National Institute of Food and Agriculture (NIFA) and is offered through land-grant universities.¹ EFNEP has been delivered by Cornell Cooperative Extension (CCE) since 1969.

Identifying the Need

During 2021, in most areas of the state, in-person networking, recruitment, classes or presentations were not possible due to health and safety protocols implemented to address COVID-19. Recruitment efforts and nutrition education classes were conducted via electronic communication, utilizing approved curricula modified for virtual delivery. Staff training to enhance skills in using electronic methods of delivery and data collection were provided on an ongoing basis. During the third and fourth quarters of the year, in-person education resumed on a limited basis, where possible. However, the bulk of community agency and participant interactions continued to be conducted remotely.

Investing in the Solution

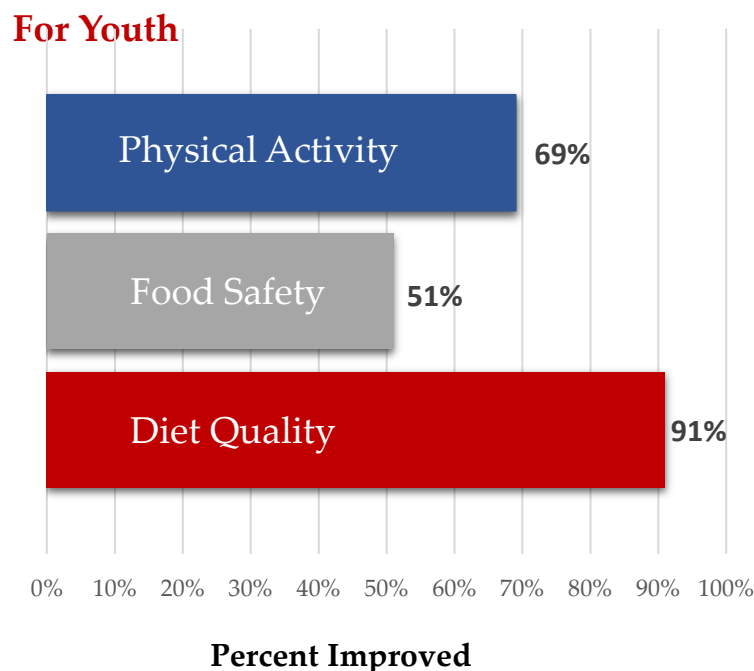
During FFY 2021 EFNEP was delivered in 24 of NY's 62 counties highlighted in color. Counties of like color represent the five regions of the state. Nutrition education was provided 4,057 participants, impacting the lives of 12,444 New York low-income family members.



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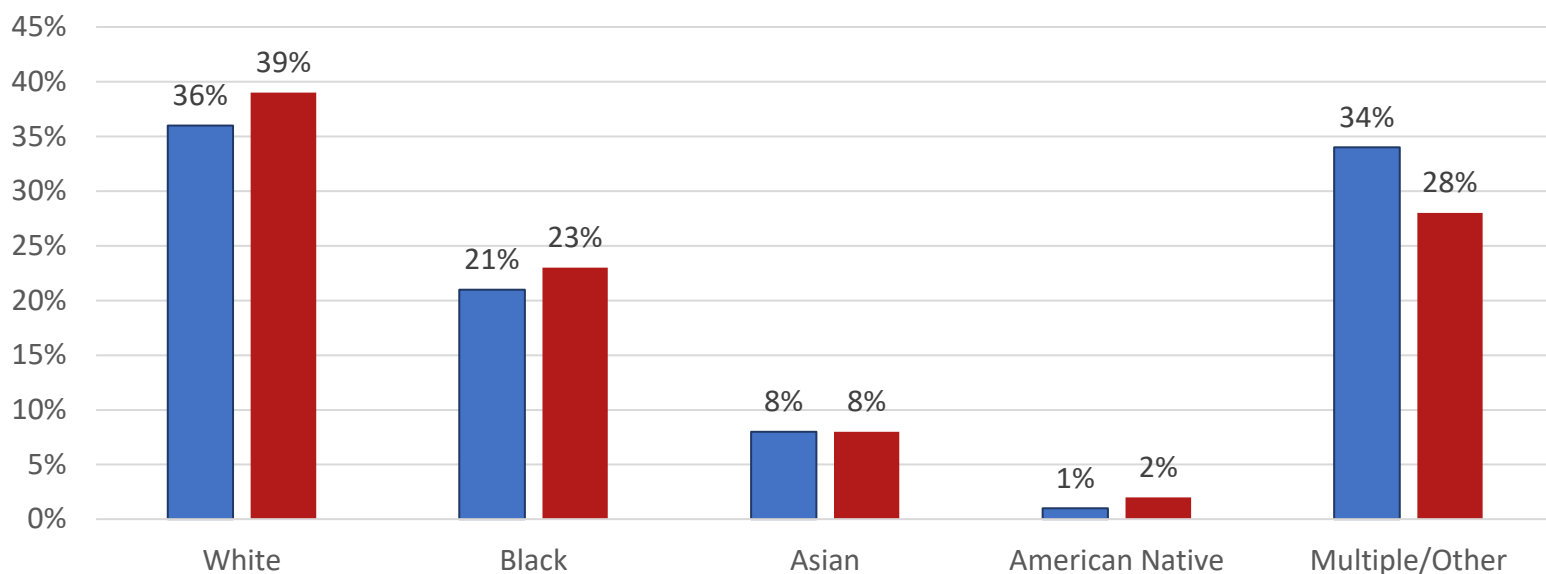
fnec-admin@cornell.edu

Demonstrating Behavior Change Improvements



Reaching a Diverse Low Income Audience

New York State Poverty by Race¹ vs. EFNEP Reach By Race



1. <https://worldpopulationreview.com/states/new-york-population> ■ NYS ■ EFNEP